# Information For the Use Fluticasone Propionate 500mcg + Formoterol Fumarate 12mcg Life Cap

## Flutialfa F 500 Capsules

Fluticasone Propionate 500 mcg + Formoterol Fumarate 12 mcg Life Cap (FlipCaps)

## **Product Description**

Fluticasone Propionate 500 mcg +
Formoterol Fumarate 12 mcg FlipCaps
(Life Cap) is a combination medication
used to manage and treat asthma and
chronic obstructive pulmonary disease
(COPD). These capsules are designed for
inhalation using a compatible dry powder
inhaler (DPI). The combination of a
corticosteroid and a long-acting betaagonist helps control symptoms, improve
lung function, and prevent exacerbations.

## **Composition**

## **Each capsule contains:**

- Fluticasone Propionate: 500 mcg (Corticosteroid)
- Formoterol Fumarate: 12 mcg (Long-Acting Beta2-Agonist)

#### **Mechanism of Action**

- 1. Fluticasone Propionate (500 mcg):
  - A synthetic corticosteroid that reduces inflammation and swelling in the airways.

- Helps prevent symptoms like wheezing, coughing, and shortness of breath.
- 2. Formoterol Fumarate (12 mcg):
  - A long-acting bronchodilator that relaxes the muscles in the airways.
  - Provides fast and sustained relief by keeping airways open for easier breathing.

#### **Indications**

- Asthma: For patients who require regular maintenance therapy and bronchodilator action.
- COPD: For long-term maintenance treatment of airflow obstruction in patients with chronic bronchitis or emphysema.

## **Dosage & Administration**

- Recommended Dose: As prescribed by a healthcare professional.
- Administration:
  - Use with a compatible dry powder inhaler (DPI).
  - Do not swallow the capsule; it is meant for inhalation only.
  - Follow the inhaler's instructions for proper use.

## **Key Benefits**

- **♥** Provides both anti-inflammatory and bronchodilator effects.
- **♥** Reduces the frequency of asthma attacks and COPD exacerbations.
- **✓** Improves breathing capacity and overall lung function.
- **♥** Convenient once- or twice-daily dosing, depending on the severity.

#### **Precautions**

- Not for Acute Attacks: Not intended for relieving sudden breathing problems. Always keep a rescue inhaler (short-acting bronchodilator) handy for emergencies.
- Rinse Mouth: Rinse your mouth after each use to prevent oral thrush.
- Consult Doctor: Before use if you are pregnant, breastfeeding, or have other medical conditions.

## **Storage**

- Store in a cool, dry place (below 25°C).
- Keep capsules in their original packaging to protect from moisture.
- · Keep out of reach of children.

### **Possible Side Effects**

- Common: Headache, sore throat, oral thrush, hoarseness, and cough.
- Rare but Serious: Tremors, palpitations, muscle cramps, and signs of infection.

If side effects persist or worsen, consult a healthcare professional immediately.

#### Disclaimer

This medication should only be used as directed by a healthcare provider. Not intended as a replacement for professional medical advice, diagnosis, or treatment.

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